

Citizenship- Year 5

LO: To begin to understand what happens when the law is broken.

LO: To explore the links between rights and responsibilities.

LO: To understand how reducing our use of materials and energy will help the environment.

LO: To understand how we recognise and value the contribution people make to the community.

LO: To recognise the role of pressure groups.

LO: To begin to understand how parliament works.

Health and Wellbeing – Year 5

LO: To use yoga poses and breathing to relax.

LO: To understand the benefits of sleep.

LO: To understand the purpose of failure.

LO: To learn how to set short-term, medium-term and long-term goals.

LO: To use vocabulary to describe their feelings and take responsibility for them.

LO: To understand and be able to plan healthy meals.

LO: To understand risks associated with the sun and how these can be avoided.

Economic Wellbeing – Year 5

LO: To prioritise needs over wants.

LO: To create a weekly budget.

LO: To identify the significance of borrowing and loaning money.

LO: To examine the risks associated with handling money online.

LO: To identify and challenge stereotyping in the workplace.

LO: To explore how personal interests and skills align with different careers.

Family and Relationships – Year 5

LO: To understand how to form and maintain positive relationships .

LO: To explore the ups and downs of friendships.

LO: To understand the concept of marriage.

LO: To begin to understand self-respect.

LO: To begin to understand that family relationships can sometimes make children feel unhappy and what they can do if this happens.

LO: To understand more about bullying and how to get help.

LO: To recognise how attitudes to gender have changed over time.

LO: To explore the impact of stereotypes and how they can lead to discrimination.

Safety and The Changing Body – Year 5

LO: To begin to understand some issues related to online friendships including the impact of their actions.

LO: To learn about staying safe online.

LO: To understand physical changes during puberty.

LO: To understand the menstrual cycle.

LO: To understand emotional changes during puberty.

LO: To understand how to help someone who is bleeding.

LO: To begin to understand the influence others have on us and how we can make our own decisions.